



Now Hear This

YOUR COMMUNITY HEARING HEALTH NEWSLETTER

Keeping You Informed

Helping the Holidays Work With Hearing Loss

Christmas, a season of joy and merriment, also presents unique challenges for individuals with hearing loss. The festive atmosphere, filled with bustling gatherings, music, and conversations, can pose communication barriers and potential discomfort for those with hearing impairment.



Background noise, such as Christmas carols, laughter, and clinking glasses, can make it challenging for individuals with hearing loss to follow conversations. This can lead to feelings of isolation or frustration during family gatherings or festive events.

To mitigate these challenges, encourage inclusive practices during Christmas celebrations. Opt for well-lit areas to aid lip reading and visual cues. Minimize background noise by adjusting music volume or selecting quieter settings for conversations.

Embrace face-to-face communication. Encourage

(cont. inside)

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Helping the Holidays (Cont.)

everyone to face each other during discussions, allowing individuals with hearing loss to benefit from lip reading and facial expressions, aiding in understanding conversations.

Utilize assistive devices or communication aids. Consider using smartphone apps or hearing aid accessories that amplify sound or reduce background noise, enhancing the hearing experience for those with hearing impairment.

Promote patience and understanding. Speak clearly and at a moderate pace, allowing everyone to follow conversations comfortably. Encourage rephrasing or repeating information when requested, fostering an inclusive environment where everyone feels valued and heard.

By adopting these thoughtful practices, Christmas gatherings can become more inclusive and enjoyable for everyone, ensuring that the holiday season is a time of warmth, connection, and shared joy for individuals with hearing loss.

Fun Facts to Share

When Did Decorating Christmas Trees Become Popular?



One fascinating fact about Christmas is that the tradition of decorating Christmas trees originated in Germany in the 16th century. However, it wasn't until the 19th century that the practice became widespread, especially due to the influence of Queen Victoria and Prince Albert of Germany. In 1846, an illustration featuring the royal couple and their decorated Christmas tree was published in a London newspaper, sparking a trend throughout England and subsequently in the United States.

Your Referral is the Greatest Compliment We Can Receive

Refer a friend, transform their world. As you know, we believe in enhancing lives through better hearing. By recommending us, you're gifting friends the joy of clearer conversations, melodic tunes, and enriched connections. Our expertise and personalized care ensure top-notch solutions. Plus, your referral could earn both you and your friend exclusive benefits. Join us in spreading the gift of improved hearing — it's not just about hearing better; it's about living better.



Happy Holidays
from Angel and
the team!



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Dr. Lori A. Howard

Board Certified Doctor of Audiology

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